

SPECIALS

TRY OUR HOMEMADE PIZZAS AND PEROGIES



Kitchen: 250.722.2240
1866 Cedar Rd, Nanaimo, BC



BREAKFAST

Served 11am-12:30pm Mon. to Fri. 11am - 2pm Sat. to Sun.

- Your Choice** Bacon, ham or sausage, with 2 eggs, pan fries and toast. **\$9.75**
- Steak & Eggs** Two eggs any style with a 8oz steak, pan fries and toast. **\$12.25**
- French toast** With bacon, ham or sausage. **\$8.50**
- Wheaty Breakfast** Two bacon, two ham, two sausages, two eggs, pan fries and toast. **\$12.75**
- Ball Park Breaky** Eggs, bacon, ham, cheese, egg on a Kaiser served with pan fries. **\$8.25**

Sides

Toast: white, brown, rye, or sourdough. **\$2.25**

Bacon, ham or sausage. (3) \$4.50 | Hash browns \$3.25 | Sliced tomato (4) \$2.25

APPETIZERS

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| Basket of French Fries \$4.75 | Garlic Prawns (12) \$11.25 | Chicken Wings (12) \$13.25 |
| Add Gravy \$1.00 | Pan fried in garlic butter and served with veggie sticks and ranch dip | Served with veggie sticks and ranch dip. Your choice of: Franks Hot/ Honey Garlic/Caribbean Jerk/BBQ/ Sweet Hot/Dry Garlic/Dry Cajun/ Lemon pepper/ Salt & Pepper/Dry Curry/Sweet Chili Thai/Dry Hot/ Sriracha Hot/Blue moon (Hot & Blue) |
| Add Poutine \$2.50 | | |
| Sweet Potato Fries \$6.95 | Torpedo Prawns (6) \$9.75 | |
| | Served with veggie sticks, seafood sauce and Ranch dip. | |
| Basket of Battered Rings \$6.75 | | |
| Wheaty Bites \$8.25 | Buffalo Chicken Bites (12) \$9.75 | Crazy Bread \$8.25 |
| Dry garlic boneless ribs with Honey Garlic dipping sauce and veggie sticks. | Served with veggie sticks, hot dipping sauce and Blue cheese dip. | Fried pizza dough with garlic butter and parmesan cheese |
| Zucchini Parmesan (12) \$8.25 | Thai Chicken Spring Rolls (12) \$9.75 | House Nachos |
| Zucchini sticks fried crisp dusted with Parmesan served with Ranch dipping sauce and veggie sticks. | Served with veggie sticks, Thai dipping sauce and Ranch dip. | ½ \$11.25 Full \$15.25 |
| Veggie Plate \$8.75 | Calamari \$11.25 | Layered tortillas with cheese, green onion, tomato and olives. |
| Carrots, celery, cucumber, mushrooms, broccoli, cauliflower, and tomatoes with Ranch dipping sauce. | Topped with green onion and tomato served with veggie sticks, Cusabi and Ranch dip. | EXTRAS |
| Potato Skins \$9.75 | Mozzarella Sticks (6) \$9.75 | + Beef, Shrimp, or Chicken |
| Topped with cheese, green onion, and bacon bits, served with veggie sticks and Ranch dip. | Served with veggie sticks, salsa and Ranch dip. | ½ \$3.25 Full \$5.75 |
| | | 4oz Salsa or Sour Cream \$1.85 |

SOUP & SALADS

All Salads are served with Garlic Bread.

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| Soup of the Day | Tossed Salad | Greek Salad |
| Cup \$3.75 | ½ \$5.25 Full \$8.75 | ½ \$6.75 Full \$10.75 |
| Baked French Onion Soup | Crisp greens and an assortment of veggies with your choice of dressing: Ranch, Blue cheese, 1000 Island, Raspberry Vinaigrette, Italian, Creamy Dill, French, Oil and Vinegar, or Balsamic Vinaigrette. | Fresh tomato, olives, green peppers, onion and Feta Cheese tossed in a Greek dressing. |
| Cup \$4.50 | | |
| Caesar Salad | | EXTRAS |
| ½ \$5.25 Full \$8.75 | | Add Chicken or Shrimp to your Caesar or tossed salad. \$5.75 |
| Crisp Romaine croutons tossed in a creamy Caesar dressing. | | |



WRAPS & SANDWICHES

All Wraps and Sandwiches are served with Green or Caesar salad or French fries.

Ranch Chicken Wrap \$11.95 Shredded lettuce, tomatoes, Cheddar cheese, chicken, topped with Ranch dressing.	Clubhouse \$12.95 Triple decker with smoked turkey, bacon, lettuce, tomato, processed cheese.	Classic B.L.T. \$10.75 Four slices of bacon, tomato and lettuce.
Veggie Wrap \$10.25 Lettuce, tomato, cucumber, onion, olives, and Feta cheese topped with a creamy Dill dressing.	Traditional Beef Dip \$12.95 Thin sliced baron of beef served on a grilled footlong sub bun served with au jus for dipping.	Corned Beef \$10.75 Thin sliced Montreal corned beef piled on grilled Marble rye bread.
Crispy Buffalo Chicken Wrap \$10.75 Crispy buffalo chicken, lettuce and Cheddar cheese topped with a Blue cheese dressing.	Wheaty Dip \$13.95 Thin sliced Baron of beef sautéed onions and peppers topped with Pepper Jack cheese served on a foot long sub bun with au jus for dipping.	Open Faced Hot Beef or Chicken \$11.75 Sliced beef or chicken piled high on toast topped with gravy.
Clubhouse Wrap \$11.95 Smoked turkey, lettuce, tomato, bacon, and Cheddar cheese topped with mayonnaise.	Monte Cristo \$11.75 Grilled egg dipped French bread topped with ham, turkey, Swiss cheese.	SUBSTITUTES Onion Rings \$3.50 Soup of the Day \$3.50 Sweet Yam Fries \$4.25 Greek Salad \$3.50
Teriyaki Grilled Beef or Chicken Wrap \$11.95 Grilled beef or chicken sautéed with onions, peppers, Pepper Jack cheese topped with Teriyaki sauce.	Steak Sandwich \$12.25 Charbroiled 8oz strip loin done to your likeness served on grilled garlic bread.	DID YOU KNOW Have you ever wondered about the volume of ingredients the W heatsheaf kitchen uses during a year? Currently we go through: • 528 kgs of Onion Rings • 770 kgs of Ham • 1,040 lbs of Romaine Lettuce
Pulled BBQ Pork Sandwich \$10.25 Pulled pork covered in a tangy BBQ sauce topped with Pepper Jack cheese served up on a fresh toasted Kaiser.	The Reuben \$11.75 Thin sliced Montreal smoked beef, grilled sauerkraut, melted Swiss cheese all on grilled Marble rye bread.	

BURGERS

All burgers are served with your choice of Green or Caesar Salad or French fries.

Deluxe Burger \$10.00 7oz Sirloin beef patty served on a fresh toasted Kaiser with mustard, mayonnaise, relish, lettuce and tomato.	Veggie Burger \$10.25 6oz veggie burger topped with lettuce, tomato and onion.	Build-Your-Own Burger 7oz Sirloin beef patty served on a fresh toasted Kaiser with mustard, mayonnaise, relish, lettuce and tomato.
Lumberjack Burger \$11.25 Charbroiled 7oz Sirloin beef patty with fried onions, processed cheese and 1000 Island dressing sandwiched between two pieces of garlic bread.	Halibut Burger \$12.95 Battered Halibut topped with Cheddar cheese served on a Kaiser bun with tartar, lettuce and tomato.	
Texas Burger \$11.25 Charbroiled 7oz Sirloin burger topped with fried onions, Monterey Jack cheese and a tangy BBQ sauce.	SUBSTITUTE Onion Ring \$3.50 Soup of the Day \$3.50 Sweet Potato Fries \$4.25 Greek Salad \$3.50	Burger Toppings \$1.25 Bacon, mushrooms, swiss cheese, Jack cheese, cheddar cheese, fried onions. Gluten-Free Bun \$1.50
Chicken Cordon Bleu Burger \$12.75 6oz chicken breast topped with Black Forest ham and Swiss cheese, lettuce and tomato.		

MAY WE SUGGEST

Steak & Prawns \$17.50 8oz steak with (6) skewered Garlic prawns served with choice of rice or baked potato and seasonal veggies.	Fish & Chips 1 Piece \$10.25 2 Piece \$13.25	Chicken Strips & Fries \$11.75 With your choice of Honey Mustard, Plum, or Sweet and Sour sauce.
Pork Cutlets \$12.75 Two lightly breaded cutlets grilled till golden brown topped with gravy and served with choice of rice or baked potato and seasonal veggies.	Halibut & Chips 1 Piece \$13.75 2 Piece \$16.75	Chicken or Beef Quesadilla \$12.25 Served with fries, caesar or tossed salad. With or without jalapenos.
Baked Lasagne \$13.25 Homemade lasagne baked in our pizza oven served with garlic bread.	Chicken or Beef Quesadilla \$12.25	Chicken or Beef Quesadilla \$12.25 Served with fries, caesar or tossed salad. With or without jalapenos.
	Pizza Sub \$11.75 Ham, pepperoni and salami, topped with Mozzarella and baked in the oven.	Pizza Sub \$11.75 Ham, pepperoni and salami, topped with Mozzarella and baked in the oven, with or without jalapenos. Served with fries, caesar or tossed salad.
	Personal Pizza \$14.75 Any three toppings on a 10" pizza crust	

SELECT PIZZAS

All our dough is made fresh daily. Purchase any **medium** select pizza at regular price and receive a second medium select of equal or lesser value for **\$8.00**. Purchase any **large** select pizza at regular price and receive a second large select of equal or lesser value for **\$10.00**. **No Substitution on select pizzas.**

Pepperoni & Mushroom S \$12.25 M \$16.50 L \$20.85	Vegetarian S \$12.85 M \$17.65 L \$21.35	Any 5 toppings S \$12.75 M \$17.75 L \$21.50 (Not Including Premium Toppings)
Hawaiian S \$12.25 M \$16.50 L \$20.85 Ham and pineapple.	Greek S \$12.85 M \$17.65 L \$21.35 Beef, green pepper, onion, tomato, olives, Feta cheese.	Toppings to choose from: Pepperoni, salami, ham, beef, Italian sausage, bacon, onions, green, red, or yellow peppers, tomato, pineapple, black olives, Banana peppers, Jalapeno peppers, mushrooms, or red onion.
Wheatshaf Special S \$12.85 M \$17.65 L \$20.35 Salami, pepperoni, mushroom, pineapple and onion.	BBQ Chicken S \$12.85 M \$17.65 L \$20.35 BBQ chicken, onion, green pepper, red pepper, yellow pepper, tomato, Feta cheese and pineapple.	Premium Toppings Feta cheese, shrimp or chicken. S \$1.95 M \$2.50 L \$3.00
Meat Eater S \$12.85 M \$17.65 L \$20.35 Beef, pepperoni, salami, ham, bacon and Italian sausage.	Basic Cheese S \$10.65 M \$13.50 L \$16.85	Extra Toppings S \$1.25 M \$2.00 L \$2.50
Supreme S \$12.85 M \$17.65 L \$20.35 Pepperoni, mushroom, beef, onion, green peppers.		Extra Cheese S \$1.75 M \$2.25 L \$2.75

PEROGIES

Potato & Cheddar	Shrimp & Cream Cheese	2 of each \$9.00
½ \$8.50 (4)		3 of each \$14.00
Full \$13.50 (6)	½ \$9.50 (4)	Add a fried smokie \$3.75
	Full \$14.50 (6)	